

# Let There Be Light

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Scripture tells us that light originates in God. His light fills the immensity of space until it reaches us on earth. Science defines light as a broad swath of energy in the electromagnetic spectrum, from ultraviolet and x-rays at high frequency, to radio waves at lower frequency. The visible spectrum of light is a small but important portion of it for us here on earth. Sound is also an important frequency of light for us here. We take both of these frequencies of energy into our bodies via seeing and hearing, along with those of other senses including taste (eating), smelling, and feeling (intuition or spiritual sensitivity). Light (frequency) can change us, even affecting our DNA. This short paper addresses how the simple acts of speaking (sound) and seeing (sight) can cause change in our bodies right down to the cellular level.

We know that what we *see* and *hear* in a movie can affect us emotionally and spiritually. Few understand, however, that what we see and hear can potentially change our DNA too. Japanese researcher Masaru Emoto's photographic documentation of the results of words *spoken* over water (*audible* frequency), or typed letters of the same words *visually* exposed to it (*visual* frequency), reveal that both influence the resulting **physical form** of *frozen water crystals*, doing so either positively or negatively. Emoto photographed the resulting crystals that were either ordered, beautiful, and appealing, or disordered, chaotic, and ugly. This is because words like "evil" or "you disgust me" were spoken over the water, or exposed to it in visual form (words attached to containers off water), resulting later in frozen crystals of water that lacked order - one definition for ugliness. Opposite this were ordered, beautiful designs, when words like "eternal," "love," or "truth" were instead spoken, shown to, or placed in proximity to the water. Whether it was photographs, videos, typed or spoken words, the effects were the same. Such results reveal the great power of both *audible* and *visual frequency* - to either bless or curse, heal or destroy.<sup>1</sup> The words and pictures we hear and see are taken into our bodies and affect us physically for better or worse. Both are electromagnetic energy or *light* that have more powerful effects on us than most realize.

Research in the scientific community reveals similar results to those of Emoto. It reveals, that at a genetic or biological level, *light* does influence us in profound physical ways, even down to our DNA. This is true of all kinds of *light*, including the visible light we see and the audible light we hear. Both can be reduced to simple *frequency* in the electromagnetic spectrum. Blue *light*, for example, is used today in hospitals to heal jaundiced newborn babies who have *yellowish* skin (yellow is the opposite color of blue in light-based color theory). The yellowish skin is caused the baby's liver not yet fully functioning. In 1921, a Noble Prize was given to Nels Finsen for successfully treating tuberculosis skin lesions simply by taking patients to high mountaintops, where greater quantities of *ultraviolet radiation* - in natural sunlight - was present. Striking the skin and entering the eyes, the light of the sun there stimulated various glands and hormones in the body to encourage natural healing.<sup>1</sup>

Drawing on meticulously documented research, Leonard Horowitz expertly demonstrated that DNA emits and receives electromagnetic waves of light - both *photons* (*visible* frequency) and *phonons* (*audible* frequency). He noted that in the 1990s, "three Nobel laureates in medicine advanced research that revealed the primary function of DNA lies *not* in protein synthesis ... but in the realm of *bio-acoustic* and *bio-electric* signaling."<sup>2</sup> In other words, light - of both audible and visual frequency, affects us physically, and right down to the DNA level.

## Inter-cellular Light Communication

It was scientist Fritz Albert Popp who produced Nobel prize-winning research revealing that every cell in the human body not only receives and stores "*light*," but emits coherent *light* itself in the form of *bio-photons*. His work showed that the cells of our bodies communicate both electromagnetically and chemically, creating biochemical pathways interconnecting all the functions of the body.

Human vision, for example, begins when visible light strikes the optic nerve at the back of the eye, converting it into a chemical or biological signal - an electrochemical translation. First there must be an electromagnetic signal triggering this response - an external energy or frequency source - *light*. Cymatics studies reveal that

different amplified sound frequencies cause different geometric forms to appear when directed towards sand particles on a flat plate of glass. These simple, yet profound experiments reveal the very *physical* and *visual* affects of just one kind of light energy, sound frequency. All of light's frequencies have power to affect change, including change in us, emotionally, spiritually, and physically.

In a different study, Popp chose to work specifically with UV light because of the experiments of a Russian biologist named Alexander Gurwitsch, who while working with onions in 1923, discovered that roots could stimulate a neighboring plant's roots if the two adjacent plants were in quartz glass pots, but not if they were in silicon glass pots. The only difference being that the silicon filtered UV wavelengths of light while the quartz did not. Gurwitsch theorized that onion roots could communicate with each other over distance by ultraviolet light.<sup>3</sup>

### **Human DNA & Light**

Similarly, two Russian scientists, Peter Gariaev and Vladimir Poponin explored how human DNA responds to external light. Their research showed that our DNA has a special ability to attract *photons*, causing it to spiral along the helix-shaped DNA molecule instead of proceeding along a linear path. In other words, DNA has the amazing ability—unlike any other known molecule – to bend or weave received light around itself. Additional evidence reveals that double-stranded DNA has the “amazing” ability to recognize similarities in other DNA strands from a distance. They are somehow able to identify one another, with the tiny bits of genetic material tending to congregate with similar DNA.

Two other Russian Scientists, "Veljkovic and Cosic proposed that molecular interactions are electrical in nature, and that they take place over distances that are large compared with the size of molecules. Cosic later introduced the idea of dynamic electromagnetic field interactions, that molecules recognize their particular targets and vice versa by electromagnetic resonance. In other words, the molecules send out specific frequencies of electromagnetic waves which not only enable them to 'see' and 'hear' each other, as both *photon* and *phonon* modes exist for electromagnetic waves, but also to influence each other at a distance and become ineluctably drawn to each other if vibrating out of phase (in a complementary way)."<sup>4</sup> Like is thus attracted to like, a sympathetic resonance of the frequency of light. In scriptural terms, as we receive and respond to God's word and light, we become more like Him, we resonate at a similar frequency closer to His great light.

### **The Light of Christ**

In a 1993 study reported in the journal *Advances*, the U.S. Army performed experiments to determine whether there was a connection between human emotion and the DNA of the same person separated from it by significant distance. The researchers started by collecting a swab of tissue and DNA from the inside of a volunteer's mouth. This sample was isolated and taken to another room in the same building, where they began to investigate a phenomenon that modern science says shouldn't exist. In a specially designed chamber, the DNA was measured electrically to see if it responded to the emotions of the person it came from who was in another room several hundred feet away. There, the subject was shown a series of video images designed to create strong emotion inside his body. The donor was to experience a spectrum of emotions within a brief time period. While doing so, his DNA was measured in the separate room for its response.

When the donor experienced emotional “peaks” and “dips,” his separated cells and DNA showed a powerful electrical response, and at the same exact instant in time. Although distances measured in hundreds of feet separated the donor and the samples, the DNA acted as if it was still physically connected to his body. Experiments continued, showing that at a separation of 350 miles between the donor and his cells the effects were the same. The time between the donor's experience and the cell's response was gauged by an atomic clock. In each experiment, the effects were simultaneous, suggesting a unified field of instant communication connecting the two. The experiment showed four things:

1. Human emotion has a direct influence on living DNA.
2. Distance appears to be of no consequence with regard to the effects.

3. These experiments presented a previously unrecognized form of energy exists between living tissues.
4. Cells and DNA communicate through this field of energy.

*A Unified Field* Horowitz stated, "A unified subliminal field of potentially universal consciousness apparently exists and may be explained as emerging from a previously overlooked physical vacuum."<sup>2</sup> Some have referred to this ever-present field of energy surrounding us as "intelligent light" or "intention energy". It is distinct from that of gravity and traditional views of electromagnetic radiation generally. In 1913, Dr. Eli Cartan termed it "torsion" energy, noting its twisting movement through the fabric of space-time. In the 1990's it inspired an entire generation of Russian scientists who authored thousands of papers on the subject. Today it is known as the "*unified field*" theory or "*the electric universe*", which may be perfectly described by our Savior in D&C 88, in connection with His love and light. It is the "light of Christ". In D&C 88 we learn that He is the source of all light in His creation. His light is sent out, influencing all things. It is the *governing power* and *law* in and through all things, giving *life* to various portions of His creation. It is the ordering and beautifying principle that all things in His creation recognize. The unified field thus appears to be *the Light of Christ*. In verses 11-13 of D&C 88, God states:

"And the light which shineth, which giveth you light, is through him who enlighteneth your eyes, which is the same light that quickeneth your understandings; Which light proceedeth forth from the presence of God to fill the immensity of space - The light which is in all things, which is the law by which all things are governed, even the power of God who sitteth upon his throne, who is in the bosom of eternity, who is in the midst of all things."

*Healing Words (audible) and Gestures (visual)* Scripture and science both reveal that matter responds to light. The foundational structure of our bodies - DNA, is no exception. Research has shown the existence of internal photons in our cells—internal light— and that it is the basis of virtually all cellular and systemic function. This is true of all living forms. DNA is not only a foundational aspect of our bodies but it also serves as a place of data storage and communication. Research reveals that to activate DNA and stimulate healing on the cellular level, one can simply use healing words (audible frequency). This is the basis of prayer, blessings, and loved filled conversation. It is the reason symbolic visual actions or gestures are also employed by acts of healing. The Savior demonstrated this throughout His ministry, speaking words of power to those He healed, while also displaying visually symbolic actions with his hands, like placing clay with His own spittle in it to help one blind man see. Emoto provided evidence of these audible and visual powers. What we see and hear are at their simplest form, different frequencies of light, God's light. This is apparently the reason why we not only *hear* words spoken in a blessing, but we see it too, in hands laid on another's head. There is power in the word *and* in the visual symbol to affect change.

## **Blessing and Cursing**

This is part of the great power behind the Lord's Supper, one of the most important ordinances we participate in frequently, but perhaps not frequently enough. When the words of the Sacrament prayers are read over the symbolic emblems of the Lord's body (His torn flesh and shed blood), the bread and wine (or water) are apparently transformed at a foundational level for our benefit. When these physical tokens of Christ's body and blood are ingested into our bodies, they transform us, providing healing, and perhaps slowly changing our DNA (if it be God's will). In so doing, we become more and more like our Lord, a transformation of our DNA into His. This may occur, as we are repentant and receptive to the continuing instruction of our Savior - to His word. Scripture tells us that He is not only "the light of the world", but He is also "the Word". We are encouraged to receive His word, that it might transform us, literally. This may represent another layer defining *sanctification*; a transformation of our DNA into His. He is, after all, the Creator and Redeemer, the Father of our salvation.

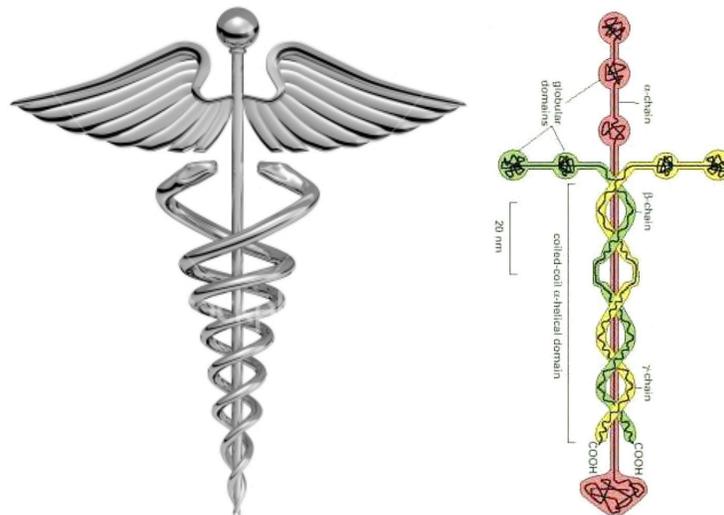
The first recorded miracle of our Lord was transforming water into wine (John 2:1-11). He *spoke* over water in large pots at His mother's request at an important wedding (perhaps His own), where lesser matter - molecules of water in six pots - recognized and obeyed His *voice*, changing into quality red wine. It was evidence of His power in an earlier role as the Great Creator, Jehovah. It also signified that through the offering of His red blood

in the Atonement, our fallen natures and our weak bodies may be transformed into glorious spiritual ones. We may become beings of light. The Lord said, "Take this...This cup is the new testament *in my blood*, which is shed for you" (Luke 22:17-18, 20, italics added). Most associations with the color red in scripture are to attributes, events, or things of a more negative perspective, such as sin, violence, and death. The Atonement was an act of love. Through it and our repentance we are redeemed from the effects of the fall, including not only sin, but death and hell (separation from God). Isaiah wrote of the Atonement stating, "Though your sins be scarlet, they shall be white as snow; though they be red like crimson, they shall be as wool" (Isaiah 1:18). To be like God and have eternal life we must return to a more perfected state, including that of our DNA.

### A Light-Based Third Strand in DNA

Ian Clayton believes partaking of the Sacrament more frequently assists us in healing the body physically and spiritually, and that it also transforms our corrupted DNA back to that of our Creator - God's DNA. He believes our return to God's more light-filled DNA is aided by our *intention*. For him, it is a useful aid in *living forever* (the ultimate healing) as promised by our Lord in scripture. It is to feast on manna from above.

Satan's great desire is to dethrone God and pollute or corrupt all things in His creation, including the sacred bloodline God introduced into the world in the veins of Adam and Eve. God's blood appears to feature unique, three-part DNA, signaled by "*laminin*," which is shaped like a cross. It is a foundational building block of our biology, holding all DNA molecules together. Modern science is aware of two visible strands of DNA interweaving or spiraling around one another. It contains the genetic code for our eye color, our tendency for baldness, height, etc. The two strands contain the *record* given us by our earthly or mortal father and mother. Only recently are their hints that a third, central strand may be present, one less visible to the naked eye that is made of white light - our spiritual essence, or our spirit, soul, character, and personality - our *record* of heaven.



Left, the *Cauceus*, symbol of the health profession and the *Chakra* energy centers surrounding the human spinal column;  
Right, *Laminin*, the cross-shaped, glue-like substance that holds our DNA together (tilted vertically for comparison).

The number 3 in scripture is tied to things "*strong*," like the *strong* triangular shape of a roof, or a *strong* three-strand rope. Solomon stated that they were stronger than two strand ropes. He said, "a threefold cord is not quickly broken" (Eccles. 4:12). This is because of their unifying strength. The number 3 is also tied to things "*divine*." Many connections exist between the number 3 and our Lord during His mission in the meridian of time, especially with regard to time.<sup>1</sup> The number also reveals His *divinity*. He is part of the Trinity - of Father, Son, and Holy Ghost. They are three heavenly witnesses who are in complete *unity* or *oneness* with each other. This harmony provides strength.

In 1 John 5:7-8 we learn of three witnesses on earth that mirror the three witnesses in heaven. They are *water*, *spirit*, and *blood*. "For there are three that bear record in heaven, the Father, the Word, and the Holy Ghost: and

these *three are one*. And there are three that bear witness in earth, the Spirit, and the water, and the blood: and these *three agree in one*" (1 John 5:7-8). In the book of Moses the witnesses on earth include water (*purification*), spirit (*justification*), and blood (*sanctification*, see Moses 6:59-60). These scriptures hint at the *strength, divinity and oneness* of God's three-part DNA given our first parents. Their blood is thought to feature three strands of DNA, two visible in the visual, physical world, and a third made up of our heavenly light.

In the well-researched "Genome Project," scientists have discovered that cross-shaped *laminin* holds the genes of our DNA together. The light strand of DNA is believed to be located in the middle of the two interweaving or spiraling strands, much like a strong shaft or spinal column, surrounded by the swirling energy of our seven Chakras. Clayton believes the presence of the central light strand is *stronger* in believers via the saving power of Christ, present in those who are "born again" (those receiving the baptism of fire and the Holy Ghost). Symbolically, the two visible strands may be tied to traits passed onto us by our mortal father and mother. Some assert that when Adam and Eve sinned, the light in them was replaced with blood. Clayton believes the light portion of their three-strand DNA simply became less apparent or diminished in their mortal blood. Revelation 13:17-18 may support this. It addresses the number 666 as "the mark of the beast." The number 666 is 2/3rds of a whole (of 1000), and may be a marker for mortality and our current DNA, representing our carnal nature that must be "*overcome*" in this life if we are to be more like God. Overcoming the world, as Christ did, is a central, defining topic in John's book of Revelation. The "*record*" or scroll that we are is biologically made up of 23 chromosomes, given us from both our father and mother (symbolically - the two strands), their combined *record*. Clayton believes the third "light" portion of our DNA contains our heavenly record or scroll, and is tied to our spirit, character, or soul. We developed many qualities in the pre-mortal experience. God knew us well there, before we came here. He said to Jeremiah, "Before I formed thee in the belly I knew thee; and before thou camest forth out of the womb I sanctified thee, and I ordained thee a prophet unto the nations" (Jer. 1:4-5).

Scripture tells us that those who are "born of God" have no desire to sin. They have more light. John stated, "We know that *whosoever is born of God sinneth not*; but he that is **begotten** of God keepeth himself, and *that wicked one toucheth him not*" (1 John 5:18, bold & italics added). "**Begotten**" means carrying the *record* of who we are in the DNA. Christ is the **only "begotten"** of the Father in the flesh, carrying His DNA. Our Savior's DNA carries the Father's royal or sacred bloodline. The Patriarchal Order of Israel's kings held at least a portion of this pure bloodline through David, who had become an adopted "son of God." Throughout their history the Israelites were commanded not to mix their special blood (and DNA) with other peoples outside of the twelve blessed Tribes of Israel. Such unions corrupted God's sacred bloodline.

Bloodline is a politically incorrect or taboo subject today, yet it is a major, potential reason why Joshua, David and others led Israel's armies in wiping out entire cities of people in the Old Testament (men, women and children), those believed to have the defiled, corrupted blood of the "Fallen Angels," or "sons of God," some 200 of them, who in the book of Enoch were tempted by the beauty of mortal women on earth and descended here, having children with them. Their advanced, powerful, and very large offspring are called *the Nephilim*, the giants of scripture. They were "giant" physically and intellectually. Goliath was one of them, defeated by young David. Researchers David Flynn, Steve Quayle, and Tom Horn have each written about this scourge upon the earth, which God attempted to eliminate in the Great Flood. They are the demi-gods of Greek Myth. The remains of their cultures may include the megalithic monuments found throughout the world. This scourge may return in the last days, as we read in Matthew 24:34-37, "**But as it was in the days of Noah, so it shall be also at the coming of the Son of Man**" (Joseph Smith Matthew 1:41-42).

In 1 John 5:18 we learn that Satan has little sway over those who are "born of God." When you are "alive" or become a "living" being (receiving the baptism of fire and the Holy Ghost) you have left Babylon and rely more on the things of the Spirit. The physical world is no longer your most important reality. You have *overcome* at least a portion of the world. We become part of a stronger three-part unity centered in Christ. Note again John's words, "That they all may be one; as thou, Father, art in me, and I in thee, that they also may be **one** in us: that the world may believe that thou hast sent me" (John 17:21; 1 Cor. 6:17). Such have been enlivened or quickened by the presence of God and His light, re-connecting to Him via the light *record* of heaven located in the third, central strand of our DNA.

Our mortal bodies are made up of mostly *water*, a strong carrier of memory and our spiritual *record*, according to the enlightening research of Emoto. The *blood* bears *record* too. It is in blood that the most important covenants on earth are made and *sealed*. Leviticus 17:11 states, "For the life of the flesh is in the blood: and I have given it to you upon the altar to make an atonement for your souls: for it is the blood that maketh an atonement for the soul." The DNA within our blood bears *record* of our life.

Clayton believes our corrupted blood is dominated by the two mortal strands of DNA, but that it can transition back to the stronger, three-part DNA of God. He asserts that the third, central strand of light can increase in intensity and glory, as the *laminin* there is held together, like all cells of the body, by its unique cross-like strong structure. It is our Lord's blood Atonement that re-unites us with the Father, a stronger three-part relationship that helps us overcome the world.

In the sacred Sacrament ordinance we partake of our Lord's flesh and blood. When we symbolically ingest both, we are ingesting all that is connected to Him. He fulfilled the Eternal Covenant in the healing, enlivening power of the Atonement. Christ is the "*resurrection and the life*" - the "*bread of life*" that came down from heaven (John 6:51). Scripture tells us to *frequently* consume His flesh and blood. We are then born into God's family and kingdom, our DNA transitioning to His.

Clayton contends that consuming the emblems of our Master's sacrifice more often, with proper intent, righteous living and repentance, may speed the process of our DNA returning to God's divine, three-strand DNA. Note John 6:51, which states, "*I am the living bread which came down from heaven: if any man eat of this bread, he shall live for ever*: and the bread that I will give is my flesh, which I will give for the *life* of the world." These verses are not just about living again after we are resurrected, but living **forever** now in mortality via **translation**.

God desires that we increase our light, calling that central near-invisible strand of DNA into its fullness of glory. We apparently have little life in us until we are "born again" or receive the baptism of fire and the Holy Ghost, until the "record of heaven," the light portion of our DNA, is more fully illuminated and in place. John 6:54 states, "Whoso eateth my flesh, and drinketh my blood, **hath eternal life**; and I will raise him up at the last day." We then **abide** in the Master (John 6:56), and He **lives** in us! John 6:58 states, "This is that bread which came down from heaven: not as your fathers did eat manna, and are dead: **he that eateth of this bread shall live for ever**." Note that *three times* in John chapter 6 the Lord tells us that *if we eat His body and drink His blood we will live forever*.

The father placed His *record* in Mary, that through Christ it could be placed in us via the power of *transfiguration*, *translation* and *resurrection* to **life eternal**. A person who is not "born again" is thus only 2/3rds of a person as far as DNA goes. He has "the mark of the beast" within him. Such live in and are greater darkness. Those who are "born again" graft more of the "tree of life" into themselves, becoming fruitful branches of it. They become more effective servants of our Lord that "abide" in Him. They are connected to the true vine. The Second Comforter experience dramatically strengthens this "connection," helping individuals become branches of "the tree of life," laden with fruit. They have *eternal life* or **live forever**. We read in John's Revelation, chapter 2, verse 7, "To him that *overcometh* will I give to eat of the tree of life, which is in the midst of the paradise of God."

As we more frequently partake of the enlivening Sacrament by faith, we receive God's power to one day be transfigured, translated, and resurrected. This is reflected in our DNA. The Lord stated, "And when he had given thanks, he brake it, and said, Take, eat: this is my body, which is broken for you: this do in remembrance of me. After the same manner also he took the cup, when he had supped, saying, this cup is **the new testament [covenant] in my blood**: this do ye, as oft as ye drink it, *in remembrance of me*" (1 Cor. 11:24-25, bold & italics added). It is significant that the word "*remembrance*" comes from the Greek word for "**record**." The divine *record* of God can be found in our blood, bringing order into our corrupted, chaotic mortal blood. The cross of light in the third DNA strand can shine brilliantly in one who becomes full of *life*, one who is "*alive*" in Christ and He in them. Such have **eternal life**. (See Ian Clayton, Returning to God's DNA.)

## All Things Made New

The science portion of this paper, concerning communication via light at the DNA level, provides evidence of changes in us that scripture has always suggested. Those who act on belief in God and His word are rewarded with actual physical changes in our bodies, not just spiritual changes in the mind, heart, and spirit. For the most significant changes to occur, however, there must be pure intention, combined with *the will of God*. It is God's will that all things be made new. He said so in Revelation 21:5. Our transformation - into a *new creation* - can unfold through Him because of the Atonement and the Resurrection. We are then born again. The change is both spiritual *and* physical. The Holy Ghost and Holy Spirit have a role in this. The Prophet Joseph Smith stated, "The Holy Ghost has *no other effect than pure intelligence. It is more powerful in expanding the mind, enlightening the understanding, and storing the intellect with present knowledge, of a man who is of the literal seed of Abraham*, than one that is a Gentile, though it may not have half as much visible effect upon the body; for as the Holy Ghost falls upon one of the literal seed of Abraham, it is calm and serene; and his whole soul and body are only *exercised by the pure spirit of intelligence; while the effect of the Holy Ghost upon a Gentile, is to **purge out the old blood**, and make him actually of the seed of Abraham*. That man that has none of the blood of Abraham (naturally) *must have a new creation* by the Holy Ghost. In such a case, there may be more of a powerful effect upon the body, and visible to the eye, than upon an Israelite, while the Israelite at first might be far before the Gentile in pure intelligence" (TPJS, p. 149-150).

Significant change seen in transfiguration, translation, resurrection, and creation, all appear to be centered in the principles addressed in this short discussion. Eventually our own DNA may become like that of our Creator. It is a return, a reflection of the whole purpose of the mysteries in the Gospel of Christ. We are ultimately to become light, like Him.

## Speaking the Earth into Existence

When God *spoke* words of power, matter recognized His signature frequency and creation unfolded. We read in Jacob 4:9, "For behold, by *the power of his word* man came upon the face of the earth, which earth was crated by *the power of his word*. Wherefore, if God being able to *speak* and the world was, and to *speak* and man was created, O then, why not able to command the earth, or the workmanship of his hands upon the face of it, according to his will and pleasure?"

Creation continues to unfold throughout the cosmos today via God's voice. He holds all power. He is power. Christ sits at the right hand of "Power." Ancient Hebrew teachings suggest that the letters of their alphabet were used by God to create all things. As God spoke (in the special language He uses), matter throughout the cosmos *willingly* responded to His voice - His light (note that even lesser matter has *choice* to do so, Abr. 4:18). The creation story in Genesis, Moses, and the temple support these concepts. God spoke into the dark void, wherein was matter unorganized and said, "Let there be light, and there was light." His light interfaced with matter, which was then infused with life.

Jewish sages suggest that their 22-letter alphabet is also a timeline *for* His creation, including our earth and its inhabitants.<sup>5</sup> There is a beginning with the first creation letter A or *Aleph* in the Hebrew alphabet. There is a middle point at the chiasmic center, marked by the 13th letter *Mem*, tied to our Lord's Atonement and Resurrection in the meridian of time. And there is an end, signaled by the 22nd letter *Tav* (a T-shaped letter) tied to God's return in "judgment" at "the end" of time as we know it. This last letter of the Hebrew alphabet, a "T"-like cross, is thought to represent the scales of justice - that a thing has been weighed and measured to determine if it is found wanting. It reflects the current state of things in our world today, a descent into darkness, with approaching coming judgment. All things in the Lord's creation must rise to a higher level or be destroyed by His brilliant, glorious light (powerful electromagnetic frequency or energy) when He returns. Who will abide the day of His coming (Malachi 3:2)?

*The Empowering Voice of God*      In addition to creation, God's **power**, priesthood *power*, is only gifted to man via the Lord's own *voice*. Man can only transfer *authority* to act via an ordination - the symbolic laying on

of hands (this follows the actual gifting of real power). It does not transfer God's power. Only He can do this. He holds the power and gives it to whom He will. This is an important, overlooked pattern in the overall restoration of priesthood (all three of its orders) as first explained in Oliver Cowdery's eloquent testimony at the back of our modern scriptures. The *voice* of Jesus Christ was first heard by he and Joseph Smith, *empowering* them both *with* the priesthood of God (see JST Genesis 14:27-29). Cowdery stated, "...but one touch with the finger of his love, yes, one ray of glory from the upper world, or *one word from the mouth of the Savior*, from the bosom of eternity, strikes it all into insignificance, and blots it forever from the mind. The assurance that we were in the presence of an angel, the certainly that *we heard the voice of Jesus*, and the truth unsullied as it flowed from a pure personage, dictated by the will of God, is to me past description" (JSH1, p. 59, italics added).

*Power* in priesthood as supplied first by God's *voice*, is consistent with the doctrine of JST Genesis 14, which states, "And *it was delivered* unto men by the *calling of his own voice, according to his own will*, unto as many as believed on his name." This power wasn't given or transferred by the will or hands of man, nor from father to son. Hearing the *voice* of the Lord was *prior* to their ordination by John the Baptist, an authorized servant. John then delivered *keys of authority* in the Levitical order, but apparently not God's *power* – the priesthood itself. **That was and is God's prerogative alone.** He "*calls*" all men everywhere to the priesthood, but only a very few are "*chosen*" to receive real power in it via *His own voice*. This early important pattern showcases the difference between priesthood *power* and *authority*, and between those *called* versus those eventually *chosen* to receive an endowment of power in it by God Himself. (For more on priesthood power, and how Joseph and Oliver received power in the priesthood from God Himself - via His voice - see *Pillars of the Priesthood*, by the author, Digital Legend Press, pps. 31-100.)

*Sanctification and Transformation*      One effective way to assist our transformation to a higher state is to regularly partake of the Lord's Supper in connection with repentance. It may help transform our DNA into that of our Creator's DNA, assisting a return to His light. It may be part of the beginning stages of translation, according to the mind and will of the Lord. There must first be belief. The great healer Yeshua often asked those He wished to make whole if they first believed. Thereafter He then spoke the words of life to them. Becoming cleansed or sanctified is another essential step. This occurs as we become one with God through prayer, meditation, and spending much time in His word (scripture). The regular consuming of His symbolic torn flesh and shed blood is another important key in the process of personal sanctification and transformation. Together with belief, repentance, and seeking at-one-ment (oneness) with God, power exists in this sacred ordinance to heal and transform us, right down to the cellular level, including our DNA, if it is His will.

Emoto's simple but profound work reveals that the light or frequency contained in speaking or even showing words of love and affirmation - before water - has positive physical effects on it, revealed in the formation of beautiful, organized crystals of various forms when it is frozen. Such words of power spoken over the sacred emblems of our Lord's body provide power to heal and transform us through His love and light.

Let there be light.

## ***End Notes***

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<sup>1</sup> *Hormone Production & Healing Stimulated by Sunlight*      Until penicillin was discovered in 1938, sunlight and its Mal-nutrition is a problem in many third-world nations, whereas *Mal-illumination* is a growing problem in modern, industrialized nations. In the movie *Joe and the Volcano*, actor Tom Hanks stated, "These fluorescent lights are sucking the life out of me." Few people would knowingly ingest polluted water or food, yet most of us do not think about absorbing polluted light for hours each day with unhealthy man-made lighting. Most fluorescent lighting, for example, does not contain the full spectrum of color inherent in natural white sunlight. It contains all seven colors of light naturally as Sir Isaac Newton discovered in 1665, when he sent white sunlight through a pyramidal prism of glass, separating it into its seven component colors. Using a second prism, he combined them back into white light. The different colors (representing different frequencies of light) enter our bodies through the eyes and skin, then trigger various glands in the brain to secrete important hormones for the body to operate normally, aiding natural healing. With less exposure to the sun today, proper hormone secretion is lessened, interrupted, even stopped. We thus experience mal-illumination and poorer resulting health.

Ancient cultures understood this, sunbathing each day for health reasons, not beauty or skin color. They realized that the white light of the sun is a complete, balanced nutrient containing all seven colors of the visible light spectrum (plus a lot more - like ultraviolet radiation). Herodotus stated, "...exposure to the sun is highly necessary in persons whose health needs restoring". The Egyptians were the first to use different colors of light for healing, constructing elaborate temples of light to treat the afflicted (Lieberman p. 22). The Greeks, however, were the first to later document both the theory and practice of solar therapy. According to ophthalmologist Jacob Lieberman, "Heliopolis, the Greek city of the sun, was famous for its healing temples, in which sunlight was broken up into its spectral components (colors)", each used for a specific medical problem. "The Greeks not only believed in the curative properties of light, but specifically thought that light treatments were most effective by way of the eyes. They believed that the eyes were the most accessible path to the internal organs", not only the windows to the soul (according to Shakespeare), but to a healthy body. (See Jacob Lieberman, *Light: Medicine of the Future*, Bear and Company, pps. 7-8, 22.)

Luke, thought to be a physician in the Bible, stated, "The light of the body is in the *eye*" (Luke 11:34). Budge and Nibley have associated the circular hypocephalus known to Latter-days Saints as Facsimile 2 with the Egyptian *Wedjat eye*, the Eye of Horus; a transmitter for light (see *One Eternal Round*, Deseret Book, p. 332). In D&C 88 we read that, "the light which shineth, which giveth you light, is through him who enlighteneth your *eyes*, which is the same light that quickeneth your understandings" (D&C 88:11). The Light of Christ provides physical light for seeing *and* healing, along with spiritual understanding.

<sup>2</sup> See Masaru Emoto, *Water Knows the Answer*, Sunmark Publishing, 2001. See also <http://www.masaru-emoto.net/english/water-crystal.html>

<sup>3</sup> See Sol Luckman, *Sound, Intention, and Genetic Healing*, 2006, [http://www.bodymindwisdom.com/article\\_sound\\_intention.html](http://www.bodymindwisdom.com/article_sound_intention.html).

<sup>4</sup> See Brazyna Fosar and Franz Bludorf, *DNA Can be influenced and Reprogrammed by Words and Frequencies*, 2010, <http://www.soulsofdistortion.nl/dna1.html>

| #/Gematria | Hebrew Letter   | Meaning/Graphic                      | #/Gematria      | Hebrew Letter    | Meaning/Graphic              |
|------------|-----------------|--------------------------------------|-----------------|------------------|------------------------------|
| <b>1</b>   | <b>Aleph</b> A  | <b>God</b>                           | 12 (30)         | Lamed L          | Justice / Governance         |
| 2          | Beth B          | Mother [house, creation]             | <b>13</b> (40)  | <b>Mem</b> M     | <b>Messiah</b>               |
| 3          | Gimal G         | Cycle                                | 14 (50)         | Nun N            | Angel / new governance       |
| 4          | Daleth D        | Mortality                            | 15 (60)         | Samekh S         | Resurrection                 |
| <b>5</b>   | <b>Hei</b> H    | <b>Life / Covenant</b>               | 16 (70)         | Ayin             | Deliverance [gentiles]       |
| 6          | Vav O           | Nail [structure]                     | 17 (80)         | Peh P            | Voice                        |
| 7          | Zayin Z         | Time [spiritual perfection]          | 18 (90)         | Tzadhe Ts        | Devotion                     |
| <b>8</b>   | <b>Cheth</b> CH | <b>Gate</b> [renewal]                | 19 (100)        | Koph K, Q        | Mercy                        |
| <b>9</b>   | <b>Tet</b> T    | <b>Serpent</b> (judgment & creation) | 20 (200)        | Resh R           | Scythe                       |
| 10         | Yod Y           | Spirit [complete]                    | 21 (300)        | Shin S, Sh       | Womb                         |
| 11 (20)    | Kaph K          | Palm                                 | <b>22</b> (400) | <b>Tav</b> T, Th | <b>Judgment</b> [at the end] |

*Anciently there were no written numbers in Hebrew. Letters were assigned numerical values. Thus A was 1, B was 2 and so on - every letter carrying numerical and symbolic value. Numbers in scripture and sacred architecture have symbolic meaning beyond simple computation. The chart represents the author's condensed number and letter symbolism tied to Joe Sampson's research on Joseph Smith's Egyptian Alphabet and Grammar. Much of it was created by W. W. Phelps and Joseph Smith as an aid in decoding the Book of Joseph, part of early translation work for the Book of Abraham.*

<sup>5</sup> *The Hebrew Alphabet as Timeline* Many believe the sequence from letter 1 to letter 22 of the Hebrew alphabet expresses a complete history of the earth in regard to *time* (see above). The first letter *aleph* in this alphabet (Gematria 1) points to God as the origin of creation; the 13<sup>th</sup> and middle letter *mem* (Gematria 40) is representative of the wise *owl* (representing "Messiah" in the meridian of time); and the 22<sup>nd</sup> letter *tav* (Gematria 400) is representative of *scales* - of "justice" in Christ's return in final judgment at the end of time. According to Sampson, the number 22 appears to have connection to the *final judgment* and end times, since *Tav* (the *last* letter of the modified Hebrew alphabet) is the 22<sup>nd</sup> letter (400 in Gematria / 400 years [judgment] was the time the Children of Israel were held captive in Egypt, and the time between Christ's personal visit in 3 Nephi and their eventual destruction as a people.)

Sampson states that, "By shape, Tav in its earliest form is the cross and is considered as the sign, mark or token. In the Book of Ezekiel the angels of heaven in judgment, fly through the streets of Jerusalem and mark the righteous with the cross [or Tau mark] on the forehead. These will be spared from destruction...It is the token that they have passed their judgment and are not found...wanting. It is also an ideographic motif of the scales of justice and mercy, symbolized by its cross design, implying division." It should be remembered that the actual cross of Christ was a T shape (chap. 7), not a

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traditional Roman cross, with center post extending upward. See Joe Sampson, *Written by the Finger of God*, Wellspring Publishing.

*The Number 22 & Judgment at the End*      The 22-letter Hebrew alphabet chart has ties to *judgment* in connection with the number 22. The number 22 in scripture is repeatedly tied to *judgment*, at the *end*. We are in the end times, the dispensation of fullness of times, when the Lord will return in judgment. The Lord comes “quickly” in judgment. It does not mean He is coming soon. Isaiah, John the Revelator and Daniel (along with Jeremiah and other prophets) addressed the latter-days and the coming judgment in their prophecies.

For more on the number 22 and its ties to judgment, see *Seven Heavenly Witnesses of the Coming of Jesus Christ* by the author, Digital Legend Press, [www.digitalelegend.com](http://www.digitalelegend.com)